

# 90-Day Alta Nutrition Subscription for The Yard Members

## **MEMBERSHIP DETAILS:**

**3 Month Commitment:** To participate, you must commit to 3 months of The Yard + Alta. To ensure the best results, we kindly request that you actively log your food at least 50% of the time and demonstrate a genuine interest in being coached throughout the commitment .

**After Month 3:** Upon successfully completing the 90-day subscription, you'll have the option to continue your membership. If you decide to stay, Alta Nutrition will be included in your Yard membership for an additional three months. Alternatively, if you prefer a monthly membership, you may choose to pay for your own Alta membership separately, at \$40/ month

## **FINE PRINT:**

- This offer is only available to the first 10 members who sign up for The Yard's partnership with Alta Nutrition.
- This offer is available for to all Unlimited Members at San Francisco or Mill Valley locations (old and new)
- The complimentary 90-day Alta Nutrition subscription begins upon enrollment in The Yard or as soon as you register if you are a current member and is non-transferable.
- Alta reserves the right to revoke the complimentary Alta Nutrition subscription if the member fails to meet the engagement requirements.
- If the member chooses to continue with Alta Nutrition after the initial 90-day period, The Yard will cover the cost of an additional three months. If the member prefers a monthly subscription, they will be responsible for their own payment.
- The Yard and Alta Nutrition are not liable for any individual health or medical conditions that may arise during the subscription period. Our [Terms & Conditions](#) apply
- The Yard and Alta Nutrition reserve the right to modify or terminate this partnership offer at any time, without prior notice.